

The abridged 7 habits

Duration and times: 2 days *Day 1* 09.30 - 6:00 with overnight work
Day 2 08:30 - 4:30 (offsite)

Group size: 6-12

Investment: £POA

‘The 7 habits of highly effective people’ by Dr Stephen Covey remains the best selling business book of all time and has never been more relevant than today. This course has been abridged to focus the course on effectiveness in the workplace although individuals still report gaining significant personal benefit from properly understanding the timeless principles.

Covering the 7 habits and the foundational principles and applying them rigorously to work, business and home this timeless programme gets where other training courses can’t as it stimulates delegates to make lifelong behavioural changes that greatly increase their results.

Audience:

This course is aimed at those who are considered to have high potential or already performing in their role. It is also ideal for middle and senior managers. It also works well as a reward for commitment, a morale enhancer or a toolkit for those who need to learn better work life balance in order to maintain productivity.

Outcomes:

By the end of the course delegates will:

- Be fully familiar with the 7 habits and how and when to apply them
- Understand how to take responsibility and eliminate the victim mentality
- Be better at planning and organising their time and focusing on results
- Appreciate how to achieve win/win outcomes with internal and external customers

Training methods:

Regularly described as completely different to any other training programme, this course is personal and reflective yet focused. It works at a deep level with delegates challenging unhelpful assumptions, habits and beliefs and building commitment to long lasting change.

Not quite what you want? How about Stress Management & Personal Effectiveness?

